

# Dr. Little's Dental News

Presented by Jeffery Little, D.D.S.



## CATCH-22 FOR DIABETICS

Diabetics have every reason to keep their blood sugar under control with medication and healthy habits. One potential complication they face is an increased prevalence of gum disease because they are generally more susceptible to bacterial infection and have a decreased ability to fight invasive bacteria. Complicating the situation even further is emerging research showing that not only are people with diabetes more susceptible to serious gum disease, but serious gum disease may have the potential to affect blood glucose and contribute to the progression of diabetes. To put it simply, the relationship between diabetes and gum disease is a two-way street. Diabetics must be diligent about their brushing

and flossing habits, as well as controlling their blood sugar levels.

We stay on the leading-edge of dentistry, keeping up to date on the latest health studies and dental techniques, materials, and therapies to ensure all our patients receive the very best in dental health care. If you are looking for a family dentist who understands the needs of everyone in your family as individuals and patients, we welcome you to stop by and get acquainted. We're sure you'll leave with a good feeling about our practice. For an appointment, please give us a call.

P.S. Due to their higher susceptibility to serious gum disease, diabetics face a higher risk of bone loss (in the jaws) and subsequent tooth loss.

*Dr. Little provides quality family and cosmetic dentistry.*

*His office is located at 344 Placerville Dr., Suite 19, Placerville.*

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