

Dr. Little's Dental News

Presented by Jeffery Little, D.D.S.



AN INTERESTING CONNECTION

As numerous studies have confirmed, good oral health is linked to good overall health. A recent example of this connection comes from a study involving 1,566 seniors, 180 of whom had developed some type of dementia. Researchers found that those with 10 to 19 remaining teeth had a 62% greater risk of dementia than those with 20 or more teeth. Those with no teeth (a condition known as edentulism) had an even greater risk (63%), a finding that can likely be attributed to the fact that few of the study participants had no teeth. Previous studies have shown that having few or no teeth can lead to a poor diet, which is associated with an increased risk of dementia.

Choose a family dentist who has a sincere interest in his or her patients' complete health and who is up to date on the latest oral health care issues. If you are looking for just such a dentist, we invite you to call us for an appointment. At our state-of-the-art office, all dental problems are dealt with efficiently, effectively, and compassionately. And any medical problems noticed during a dental exam will be discussed with your other health care providers if you so choose.

P.S. While the study above does not confirm a direct cause-and-effect relationship between tooth loss and dementia, there are other very good reasons to avoid tooth loss and gum disease.

Dr. Little provides quality family and cosmetic dentistry.

His office is located at 344 Placerville Dr., Suite 19, Placerville.

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