

Dr. Little's Dental News

Presented by Jeffery Little, D.D.S.



LEAVE TOOTH-WHITENING TO THE DENTIST

Tooth whitening was discovered by happy accident after researchers found that a gel with hydrogen peroxide (used to treat cold sores) also whitened teeth. Since then, tooth-whitening products have become so wildly popular that do-it-yourself kits are available over-the-counter. However, tooth whitening at home poses some risks, including damaged and receding gums. The problem is that the whitening strips designed for home use often intrude over the gum line and do not adhere to teeth evenly. In contrast, dentists paint teeth with a powerful 30% hydrogen peroxide agent that is held against teeth by custom-made trays while gums are protected

by rubber dams secured in place with cotton rolls. As a result, gums are shielded and teeth are evenly whitened.

If you are looking for a cosmetic dentist, we would love to welcome you to our office as a new patient. Whether you need one tooth restored or a full smile makeover, we will make sure your teeth look beautiful and feel natural. Our team offers comprehensive family and cosmetic dentistry dedicated to maintaining your wonderful smile or helping you create the smile of your dreams.

P.S. The gum line is the thinnest part of the gingival tissue, which is very vulnerable to chemical exposure.

Dr. Little provides quality family and cosmetic dentistry.

His office is located at 344 Placerville Dr., Suite 19, Placerville.

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