

Dr. Little's Dental News

Presented by Jeffery Little, D.D.S.



HAVE TROUBLE FLOSSING?

As effective as flossing is at removing plaque and food particles from between teeth, some people find floss difficult to handle. Others may have trouble reaching certain areas of their mouths with floss. Fortunately, there is an alternative to floss, which is just as effective and easier to use. Oral irrigation with a water-flossing device uses the pressure of a forceful stream of water to remove food from teeth and massage the gums. While oral irrigators of this sort are certainly more expensive than simple floss, they are a very good investment for those looking to maintain the health of their teeth and gums. These

devices are particularly good at reaching areas of the mouth that may elude floss users.

Oral irrigators are ideal for people who wear braces because water gets in between the wires and brackets easily. Did you know that regular visits to the dentist today can save you time and money in the future? By receiving routine dental cleanings and exams, you can help prevent cavities as well as more significant and costly dental problems down the road. To schedule an appointment, please call our office.

P.S. Oral irrigators are perfect for orthodontic patients and those with permanent or temporary bridges.

Dr. Little provides quality family and cosmetic dentistry.

His office is located at 344 Placerville Dr., Suite 19, Placerville.

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