

Dr. Little's Dental News

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GAIN A CHILD, LOSE A TOOTH?

Research has debunked any notion that calcium from the mother's teeth may be leached during pregnancy to meet the requirements of the growing baby; yet, there may be some truth behind the adage. According to a study of 2,635 women, those with no children had lost one to two teeth while women with children tended to lose more. Looking at women in the 35- to 49-year-old age range, researchers found that those with just one child had lost an average of three teeth. A review of causative factors shows that tooth loss is not so much an inevitability that comes with pregnancy, but that pregnancy poses challenges (such as susceptibility to gingivitis) that

women must address in order to maintain good oral health.

Make an appointment with our office as soon as you are pregnant. Let us know how far along you are and if you have any medical conditions or a high-risk pregnancy. We can help assess your oral health and map out a plan for the rest of your pregnancy. If you're planning to become pregnant, it's a good idea to visit a dentist beforehand to take care of any dental issues that may be affected by your pregnancy.

P.S. A pregnant woman experiences hormonal changes that increase blood flow to her gum tissues, causing them to be more sensitive, irritable, and swollen.

Dr. Little provides quality family and cosmetic dentistry.

His office is located at 344 Placerville Dr., Suite 19, Placerville.

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