

Dr. Little's Dental News

Presented by Jeffery Little, D.D.S.



TOOTH INFECTIONS LINKED TO HEART DISEASE

Regular dental checkups and conscientious oral care at home can pay big overall health dividends. The latest evidence of these benefits comes from a study's finding that "acute coronary syndrome" (sudden blockage in the blood supply to the heart) is 2.7 times more likely among those with infections at the tip of a tooth root, even if there are no evident symptoms. Dental examinations of people suffering from acute coronary syndrome (with symptoms of shortness of breath, chest pain, dizziness, and nausea) revealed that over half (58 percent) suffered from inflammatory lesions at a tooth's root tip, called "apical periodontitis." An

estimated one person in four suffers from at least one tooth infection, with cavities as the most common cause.

Regular healthy habits can lower your risk of both gum disease and heart disease. And, if you already have one or both of these conditions, these strategies can help reduce their impact. There is nothing more beautiful than a healthy smile. That's why our team will do everything we can to ensure your teeth stay healthy! To schedule an appointment, please call our office.

P.S. Apical periodontitis is caused by bacterial invasion of the pulp of the tooth, which may be detected on dental x-rays.

Dr. Little provides quality family and cosmetic dentistry.

His office is located at 344 Placerville Dr., Suite 19, Placerville.

(530) 626-9127 Visit us at: www.jefflittleds.com